

# Learning Deeply in Remote Learning For Chinese International Students (CIS)

MSU Cross-campus Chinese International Student Support and  
Success Initiative

April 15<sup>th</sup> & 22<sup>nd</sup>, 2020

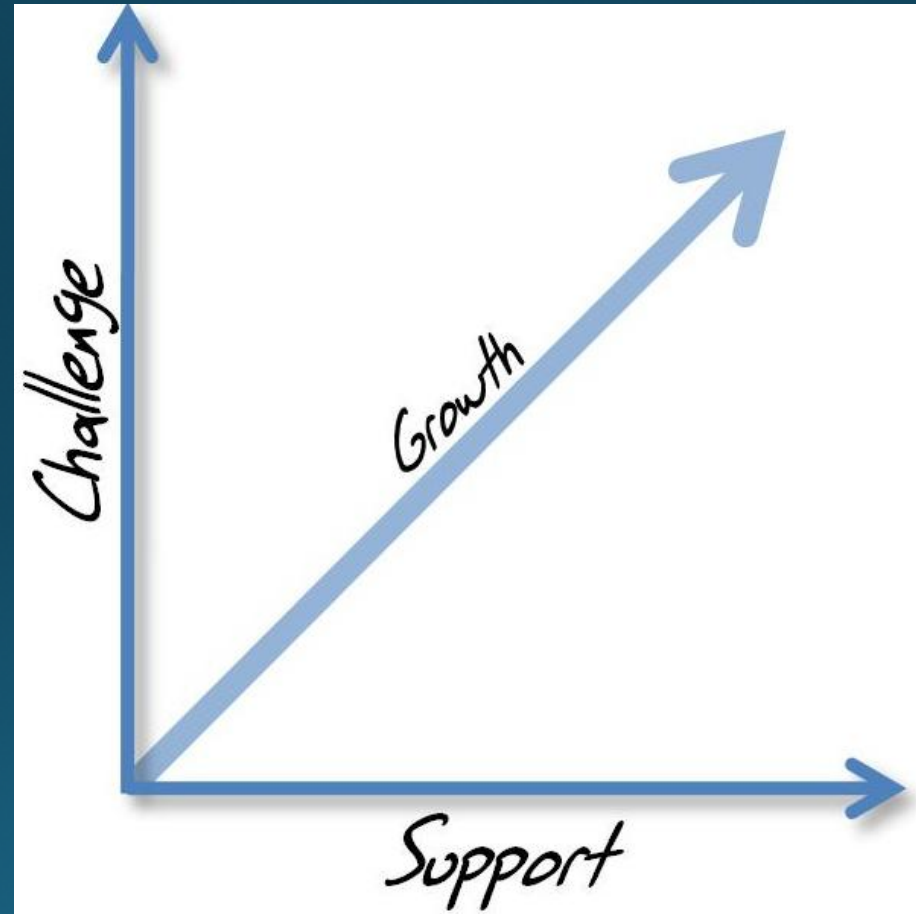
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# Challenge And Support (Sanford, 1962)



# The Intertwining Processes Of Academic And Cultural Adaptation

- High school to college.
- One educational, social, cultural and linguistic system to a new system.
- More challenging in academic and social integration.
- Being challenged at intellectual, emotional, psychological, physical and metaphysical/spiritual levels.

# Multiple Identities For CIS

- Language barrier and language identity.
- Academic adjustment and academic identity.
- Cultural adaptation and cultural identity.
- Social adjustment and social-emotional identity
- Manage logistics and logistical identity

# Change Happens At Multiple Levels

- Without you being aware, your whole being engages in the process of adaptation, change and development.
- Your brain, body, internal organs and every parts in you are in the business.

# How Much Is Too Much?

- When over-challenged but not enough support, what will happen over a long period of time?

# What Had Change in Remote Learning

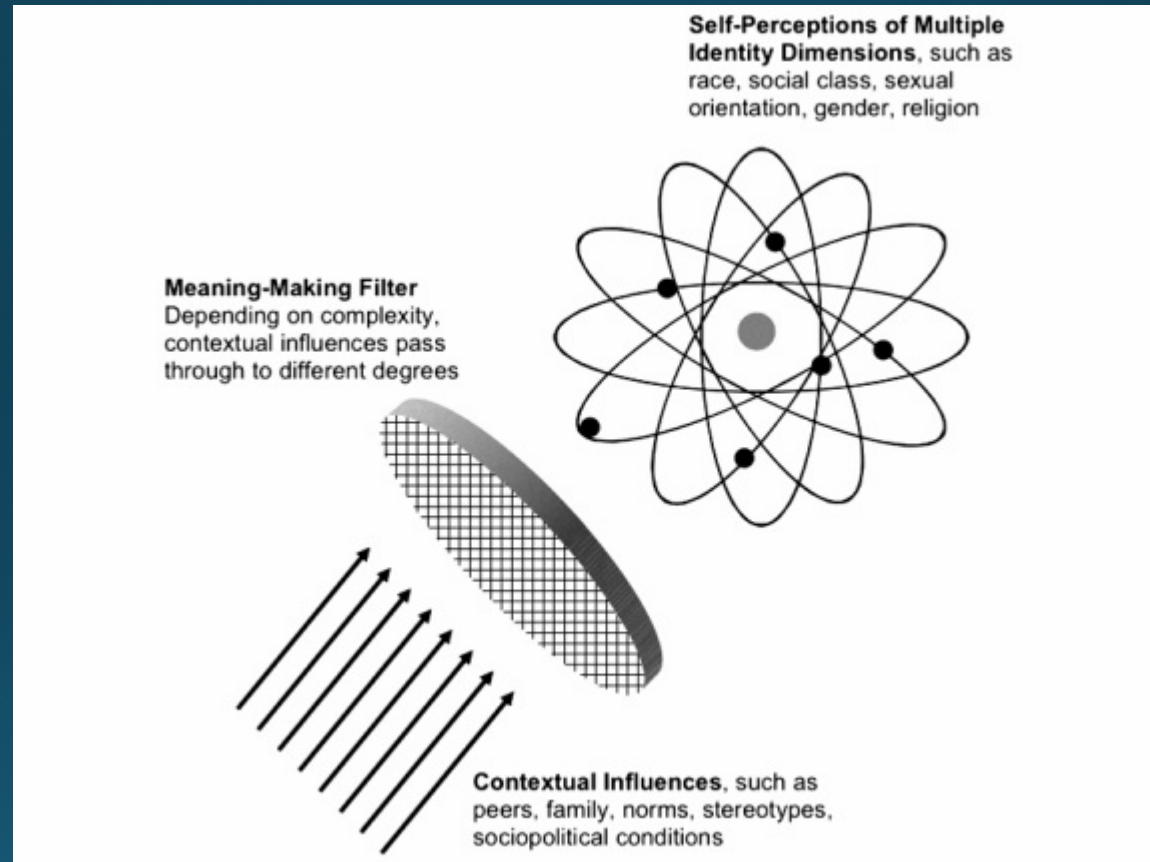
- What are the advantages and disadvantages?
- Context matters?
- What are the differences that you have felt?

# Navigating Your Inner System/s

- Even more important than navigating the outer system/s.



# Application In Identity Development



Become aware of the filter, change and develop it to serve, not to constrain and limit.

# Self-Authorship And More

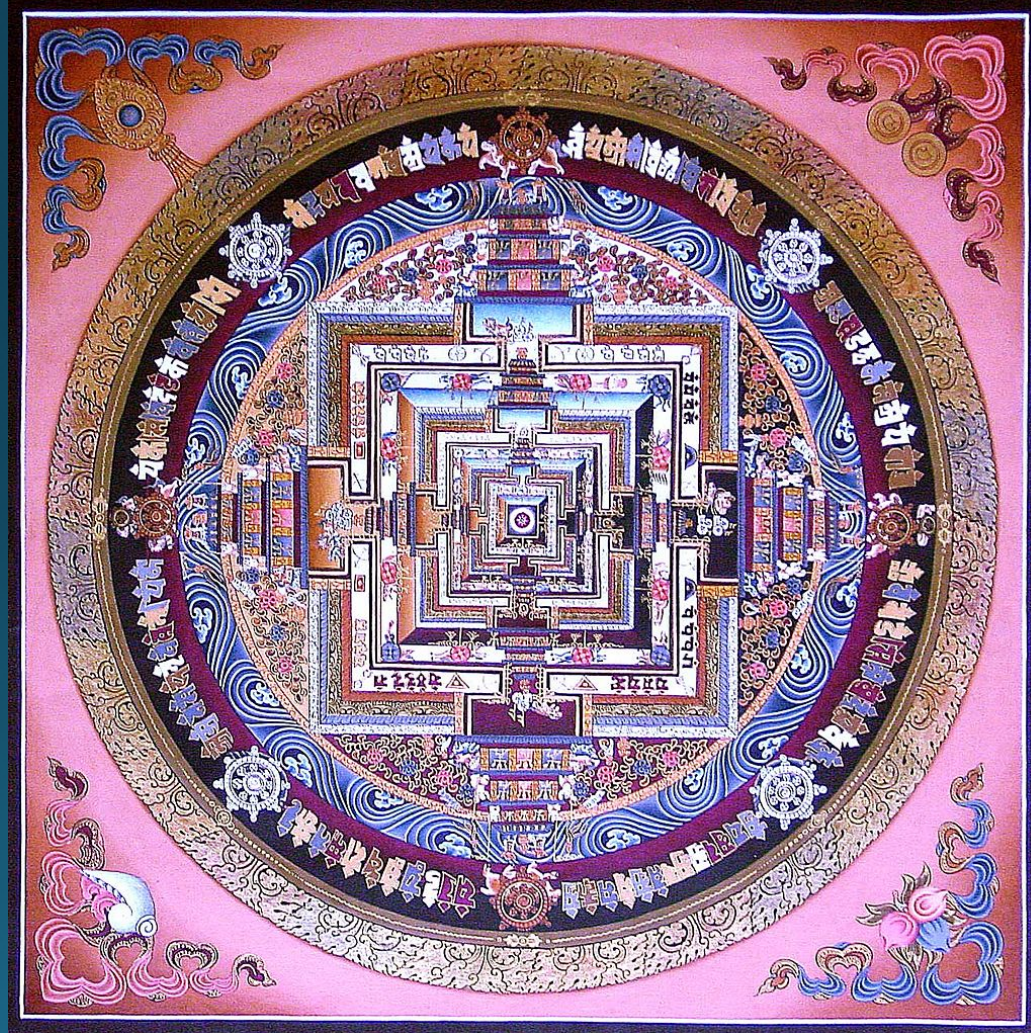
- Engage in self-exploration, discovery and development.
- Use non-cognitive Variables (Sedlacek, 2004).
- Creating your own developmental environments (Bronfenbrenner, 1979, 1995).
- Develop various identities and beyond (Abes, Jones & McEwen, 2007).
- Open yourself/personality within limit (you are always in charge).
- Grow like a tree (Li, 2014).
- Become a global citizen and future leader.

# Adaptivity, Integrity, Safety and Dignity

- What to do when inner vulnerability start to show? Fight or flight?
- Drive yourself even more or pause and take a break to regain balance?
- Should you develop psychological problems and mental illness, what to do?
- Education as self-healing, becoming whole and liberation? The issues are more than you but to do with your family, culture, history and collective consciousness/unconsciousness.

# Model Proposed: Kalachakra Mandala

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